

Year 3

TEAMWORK

“Remember upon the conduct of each depends the fate of all.” ~Alexander the Great

Being a teamplayer involves many components. But, did you ever think it would involve being flexible? I don't mean being able to touch your toes type of flexible. I mean being able to do other jobs, and without any notice.

I will give two great examples of teamwork. I enjoy playing on a recreational men's soccer league. Last season, my team was down a goalie, and several other positions. I recognized that the sooner we filled positions, the quicker we could get to practicing before the game started, so I volunteered to be goalie.

Yesterday, the Bodies in Motion staff had over 100 people in the facility doing various activities. In addition to all the staff support needed to run the activities, the café also needed to provide food for about 70 people. What helped the operation run smoothly was the flexibility of several key staff members. Although they were mildly uncomfortable doing certain jobs, they were able to keep things moving effectively and efficiently. The Bodies in Motion staff was praised immensely for the speed, accuracy, and attentiveness in which they operated.

The success of both situations came as a result of team members being flexible in performing duties that weren't their normal ones.



Teamwork Exercise

List an area of your life where you work in a team setting: _____

What skill can you specifically do or learn that would allow you to become a more flexible team player?

By the time you need to turn this homework assignment in, you may not have the opportunity to be a “flexible” team player? If you didn't have the opportunity, explain how your additional skill(s) will one day help. If you did have the opportunity to become a “flexible” team player, explain how.
